

*All things whatsoever ye would that others should do to you,
do ye even so to them. Matthew 7:12.*

BULLYING, HARASSMENT, ABUSE & MALICIOUS GOSSIP

**In the home, at school, in the
workplace or on the streets.**

*Be not deceived; God is not mocked, for whatsoever a
man sows, that shall he also reap. Galatians 6 v 7.*

Be sure your sin will find you out. Numbers 32 v23.

*Vengeance is mine, I will repay, saith The Lord.
Romans 12 v19.*

BUT

*The Bible says, The Lord. is not willing that any should
perish but that all should come to Repentance. 2 Peter 3 v 9.*

**Do good to others and good will come back to you. Do wrong to others
and your wrong will come back to roost with you. This is a Biblical ‘fact of life.’**

YOU REAP WHAT YOU SOW

**There are no exceptions. Man, woman, boy or girl – it makes no difference.
Your wrong-doing may be hidden from others - but it will *never* be hidden
from GOD. As you sow so you will reap. So be warned!!**

Bullying, Harassment, All forms of Abuse, (Sexual-Physical-Verbal) Scheming, Malicious Gossiping, Scandal Mongering occurs daily, either in the home, at school, in the workplace, or on the streets.

Countless people, from all backgrounds, are suffering the untold misery of sexual, physical or verbal Abuse. Behind closed doors, many victims are living in sheer and absolute terror – abuse on a horrendous scale. No one may know what is going on – the poor victim may be living under the threat of worse treatment if they tell anyone their plight. Our advice to all such victims – take courage – go to the police, your doctor, your teacher – just tell someone who will help you. Don't be threatened another day.

Many old people are living in fear, prisoners in their own homes because of harassment from neighbours, young delinquents on the street, or some other disturbing abuse. Many a wife has to live with a bullying Husband and vice versa. Statistics prove the alarming rise in the number of husbands who suffer horrendous abuse from their wives. Thankfully, God knows *all* that goes on 'behind closed doors' – and in His time – He reveals and He deals accordingly.

Many young people are lying awake at night, terrified of going to school the next day. They are so frightened and pressurised by threats of what will happen if they tell their parents or teachers they are being bullied.

In the workplace there are often similar circumstances. Many a poor person dreads going to work to face another day, being harassed by scheming, gossiping and treacherous workmates, who will stop at nothing in order to make their victim's life miserable and unbearable.

As a result of all these evil practices countless people are living on anti-depressants, suffering from stress-related illnesses such as nervous depression or anorexia. In their despair, and in order to cope with their feelings of worthlessness and low self-esteem many victims turn to drink, drugs, gambling, compulsive spending or some other vice. For some the pressure becomes too much and they end it all by suicide. How would you feel if you discovered that 'your victim' committed suicide because of your horrible words or actions? Think about it. It is a sobering thought !!

Generally speaking, *Victims* are gentle-natured, shy children or adults, who are easy prey and *no threat* to anyone. They will neither 'speak up' nor 'stick up' for themselves. They are like lambs amongst wolves !! Too often bullying or harassment can be ignored. Sometimes a blind eye can be turned to *a victim* who is suffering. They can be told it is all in their mind. Sometimes others just don't want to get involved in case of repercussions.

If you are aware that something of a sinister nature is going on and a vulnerable person is being victimised, do try to make it known in some way. It could mean the difference between life and death. Please don't ever under-estimate the serious effect abuse, bullying, harassment, malicious gossiping, or scheming can have on a person's life.

Offenders. It has been proven on many occasions that those who abuse – have themselves been abused. Those who abuse, bully, harass or spread malicious gossip, - have insecurities in their own lives. The ‘root problem’ is *always some form of Rejection*. Lack of love as a child - broken relationships - physical, mental or sexual abuse, *any* of these things can have a devastating affect, very often driving the person to be an abuser, a bully or even a criminal. However, no matter what the under-lying problems or circumstances, these people cannot be allowed to victimise and terrorise others - nor can their activities be brushed under the carpet - It is too big a problem in society - BUT - if they acknowledged that they needed *help* -

Help is available - at every level

It has to be recognised, of course, that in some cases it is just sheer wickedness which motivates an offender, simply due to a deep-seated jealousy or hatred towards the victim. Jealousy, as we all know, is a terrible thing, yet it is unbelievable the lengths to which some people will go because of it. Murders have even been committed because of envy and jealousy. The Bible says:-

Jealousy is as cruel as the grave; the coals thereof are coals of fire, which hath a most vehement flame. Song of Solomon 8 v 6

There is no doubt about it, any of these evil practices can have victims living in sheer and absolute terror. Mocking, taunting and back-biting, is all part of the bullying strategy to humiliate and ultimately make the victim feel worthless and inferior.

Isolating the victim from their friends or giving them the ‘silent treatment’ is another degrading strategy. Some poor victims with their self-esteem at rock bottom, find it impossible to cope with the pressure and decide to take their own lives.

God will, most definitely, take a dealing with anyone who is responsible for driving another into bad health or even suicide.

If you are an offender. Please do Heed the warning !!

God is a God of Love and a God of Mercy *but* He is also a God of Wrath and a God of Justice and in his time - Justice will be done.

Vengeance is mine, I will repay, saith The Lord. Romans 12 v 19.

It is a fearful thing to fall into the hands of the living God. Hebrews 10 v 31.

Repentant Offenders

There is hope for every *repentant offender*. Even though you may be responsible for much wrong-doing, and God has to take a dealing with you, yet He loves you unconditionally. He longs for you to turn to Him in *repentance of your sins*– to pray to Him – to seek His help. He understands if you have insecurities in your life which have led you to do these things. Pray earnestly to Him and He will help you. In a practical sense there are lots of Agencies with trained, skilled staff who can also be used of God to help you. Seek that help – you could save yourself and others so much misery.

Advice to Victims. Don't be driven to despair by *anyone*. Don't live under threat. Tell Someone. Your Parents, a Friend, your Teacher, Minister, Doctor, Employer etc.

If you feel you cannot tell any of these people, then why not ring some of the ***Confidential Services.***

The Police	-	999 or Confidential Freephone 0800 666999
The Samaritans	-	0845 7909090
Childline	-	0800 1111 Freephone
Seniorline	-	0808 808 8141
NSPCC	-	0800 800500 Freephone
Rape Crisis	-	028 9024 9696

Do not remain silent. Don't be driven to suicide under any circumstances, your life is too precious. Make up your mind that you *are not* going to tolerate that abuse, bullying, harassment or slander one more day.

Tell Someone.

**Our office is open 10am - 5pm Monday to Friday. 028 796 44499.
If you so desire - we can put you in touch with the appropriate people.**

The ultimate help

Practical help is very important - but our ultimate advice is to turn to The Lord Jesus Christ. When thoughts of despair or suicide overwhelm you - Cry out to God - pour out your heart to Him in Prayer - you will be amazed just how He can and will turn everything around for your good. What we would consider impossible - is possible with Him!!

***God is our refuge and our strength, a very present help in trouble.
Psalm 46 v1.***

Jesus said: The thief (the devil) comes not, but for to steal, to kill and to destroy, but I, (Jesus) am come that you might have life and have it more abundantly. John 10 v 10.

Salvation.

Every day - we all sin - by thought, by word or by deed. So it is The Lord's ultimate desire that *everyone* should *repent* of their sins and put their trust in Him for Salvation. We may go through bad situations in this life but if we die having rejected Jesus as our Lord and personal Saviour – then there is only one place we can spent eternity – that is Hell.

Consider this very careful. Think of the very worst situation you have ever gone through – then know for sure – no matter how horrendous your experience - it is nothing compared to that awful place called Hell. To have that assurance that you will go to Heaven – will you put your trust in The Lord Jesus Christ - **TODAY.**

***The Bible says, Now is the accepted time now is the day of Salvation.
2 Corinthians 6 v 2***

***Trust in The Lord with all thine heart; and lean not unto thine own
understanding. In all thy ways acknowledge Him and He shall direct
thy paths. Proverbs 3 v 5-6.***